

1000 Examples of Spanish Regular Verbs (+ Free PDF)

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Spanish Regular Verbs

Regular -Ar Verbs

- abonar (fertilize)
- abordar (board)
- abortar (abort)
- abrazar (embrace)
- abrigar (shelter)
- abrigarse (shelter oneself)
- abrochar (fasten)
- abusar (abuse)
- acabar (finish)
- acampar (camp)
- acariciar (caress)
- acelerar (accelerate)
- acentuar (accentuate)
- aceptar (accept)
- acercar (zoom in)
- acercarse (approach)
- aclarar (clarify)
- aclararse (clarify oneself)
- acomodar (accommodate)
- acompañar (accompany)
- aconsejar (advise)
- acoplar (adapt)
- acortar (shorten)
- acosar (harass)
- acostumbrar (accustom)
- acostumbrarse (get used to)
- acrecentar (increase)
- acreditar (accredit)
- activar (activate)
- actualizar (update)
- actuar (act)
- acusar (accuse)
- adaptar (adapt)
- adecuar (adapt)

- adelantar (forward)
- adelgazar (lose weight)
- adivinar (guess)
- adjuntar (attach)
- administrar (manage)
- admirar (admire)
- adoptar (adopt)
- adorar (adore)
- adornar (adorn)
- afectar (affect)
- afeitarse (shave oneself)
- afinar (tune)
- afirmar (claim)
- aflojar (loosen)
- afrontar (face)
- agarrar (grab)
- agitar (shake)
- agotar (run out)
- agradar (like)
- agregar (add)
- aguantar (hold)
- aguardar (wait)
- ahogar (drown)
- ahorcar (hang)
- ahorrar (save)
- ajustar (adjust)
- alargar (lengthen)
- alarmar (alarm)
- alborotar (disturb)
- alcanzar (reach)
- alegar (plead)
- alegrar (cheer)
- alegrarse (be happy)
- alejar (alienate)
- aligerar (lighten)
- alimentar (feed)
- aliñar (season food)
- aliviar (alleviate)
- almacenar (store)
- alojar (accommodate)
- alojarse (lodge)

- alquilar (rent)
- alterar (alter)
- alumbrar (light)
- alzar (raise)
- amar (love)
- amenazar (threaten)
- amenizar (amenize)
- ampliar (enlarge)
- amplificar (amplify)
- analizar (analyze)
- anhelar (yearn)
- animar (animate)
- añorar (yearn)
- anotar (annotate)
- anticipar (anticipate)
- anular (cancel)
- anunciar (announce)
- apagar (turn off)
- aparcar (park)
- apartar (set aside)
- apelar (appeal)
- apestar (stink)
- aplastar (crush)
- aplazar (defer)
- aplicar (apply)
- aportar (contribute)
- apoyar (support)
- apreciar (appreciate)
- apresurarse (rush)
- aprovechar (take advantage)
- apuntar (aim)
- apuntarse (sign up)
- apurarse (hurry)
- arañar (scratch)
- armar (organize)
- arrancar (start)
- arrastrar (drag)
- arreglar (fix)
- arrestar (arrest)
- arriesgar (risk)
- arrojar (throw)
- asar (roast)

- asegurar (secure)
- asesinar (murder)
- asociar (associate)
- asombrar (amaze)
- aspirar (aspire)
- asustar (scare)
- asustarse (be frightened)
- atacar (attack)
- atar (tie)
- aterrizar (land)
- atrapar (catch)
- atrasar (delay)
- aullar (howl)
- aumentar (increase)
- autenticar (authenticate)
- autorizar (authorize)
- avanzar (advance)
- averiguar (find out)
- avisar (notify)
- ayudar (help)
- bailar (dance)
- bajar (download)
- balancear (swing)
- bañar (bathe)
- bañarse (bathe oneself)
- barajar (shuffle)
- bautizar (baptize)
- beneficiar (benefit)
- besar (kiss)
- bloquear (block)
- bombear (pump)
- bordar (embroider)
- borrar (erase)
- bostezar (yawn)
- brillar (shine)
- brincar (jump)
- brindar (toast)
- bromear (joke)
- broncear (tan)
- bucear (dive)
- burlar (tease)
- buscar (search)

- calcular (calculate)
- calificar (rate)
- callar (shut up)
- calmar (calm down)
- calzar (wedge)
- cambiar (change)
- caminar (walk)
- canalizar (channel)
- cancelar (cancel)
- cansarse (get tired)
- cantar (sing)
- capitular (capitulate)
- capturar (capture)
- caracterizar (characterize)
- cargar (charge)
- casarse (get married)
- castigar (punish)
- categorizar (categorize)
- causar (cause)
- cautivar (captivate)
- cavar (dig)
- cazar (hunt)
- celebrar (celebrate)
- cenar (dine)
- censurar (censor)
- centralizar (centralize)
- centrar (center)
- cepillar (brush)
- cerrar (close)
- cesar (stop)
- charlar (have a chat)
- chatear (chat)
- chocar (crash)
- chupar (suck)
- cifrar (cipher)
- circular (circle)
- citar (quote)
- civilizar (civilize)
- clarificar (clarify)
- clasificar (classify)
- clavar (nail)
- cobrar (charge)

- cocinar (cook)
- codificar (codify)
- colaborar (collaborate)
- coleccionar (collect)
- colocar (place)
- colonizar (colonize)
- colorear (color)
- combinar (combine)
- comentar (comment)
- comerciar (trade)
- comparar (compare)
- compensar (compensate)
- compilar (compile)
- completar (complete)
- complicar (complicate)
- comportar (behave)
- comprar (buy)
- comunicar (communicate)
- concentrar (concentrate)
- condenar (condemn)
- condicionar (condition)
- conectar (connect)
- confiar (trust)
- configurar (configure)
- confirmar (confirm)
- confiscar (confiscate)
- congelar (freeze)
- conjeturar (conjecture)
- conjugar (conjugate)
- conquistar (conquer)
- conservar (preserve)
- considerar (consider)
- consolidar (consolidate)
- constatar (verify)
- consultar (consult)
- contactar (contact)
- contaminar (contaminate)
- contemplar (contemplate)
- contestar (answer)
- continuar (continue)
- contratar (hire)
- controlar (check)

- conversar (talk)
- convidar (invite)
- cooperar (cooperate)
- coordinar (coordinate)
- copiar (copy)
- coquetear (flirt)
- coronar (crown)
- cortar (cut)
- cosechar (harvest)
- crear (create)
- criar (raise)
- criticar (criticize)
- crucificar (crucify)
- cruzar (cross)
- cuajar (curdle)
- cuantificar (quantify)
- cuidar (care)
- cuidarse (take care)
- culpar (blame)
- cultivar (cultivate)
- curar (cure)
- dañar (harm)
- danzar (dance)
- decepcionar (disappoint)
- declarar (declare)
- declinar (decline)
- decorar (decorate)
- dedicar (dedicate)
- degustar (taste)
- dejar (leave)
- denigrar (denigrate)
- deplorar (deplore)
- depositar (deposit)
- derribar (tear down)
- desaconsejar (discourage)
- desafinar (detune)
- desarrollar (develop)
- desatar (unleash)
- desayunar (have breakfast)
- descansar (rest)
- descargar (download)
- descarrilar (derail)

- desconectar (disconnect)
- desconfiar (mistrust)
- descongelar (defrost)
- desear (desire)
- despegar (detach)
- desplazar (move)
- destacar (highlight)
- destinar (assign)
- desviar (divert)
- detectar (detect)
- deteriorar (deter)
- determinar (determine)
- detestar (detest)
- devorar (devour)
- dibujar (draw)
- dictar (dictate)
- diferenciar (differentiate)
- discriminar (discriminate)
- disculpar (apologize)
- diseñar (design)
- disfrazar (disguise)
- disfrutar (enjoy)
- disimular (conceal)
- disparar (shoot)
- disputar (dispute)
- divisar (sight)
- divorciarse (divorce)
- divulgar (disclose)
- doblar (fold)
- dominar (dominate)
- donar (donate)
- ducharse (shower)
- dudar (doubt)
- duplicar (duplicate)
- durar (last)
- echar (cast)
- edificar (build)
- editar (edit)
- educar (educate)
- efectuar (perform)
- ejecutar (execute)
- ejercitar (exercise)

- elaborar (elaborate)
- elevar (raise)
- eliminar (eliminate)
- emancipar (emancipate)
- embarcar (embark)
- emborracharse (get drunk)
- emigrar (migrate)
- empeñar (pawn)
- empezar (start)
- emplear (use)
- empujar (push)
- enamorarse (fall in love)
- encajar (fit)
- encantar (enchant)
- encargarse (order)
- enchufar (plug in)
- encuestar (survey)
- enfadar (anger)
- enfadarse (get angry)
- enfermar (sick)
- enfocar (focus)
- enfriar (cool)
- engañar (deceive)
- enganchar (hook)
- engordar (fatten)
- engrasar (grease)
- enhebrar (thread)
- enlazar (link)
- enojarse (get angry)
- enredar (entangle)
- ensanchar (widen)
- ensayar (rehearse)
- enseñar (teach)
- ensuciar (mess up)
- enterarse (learn)
- entrar (enter)
- entregar (deliver)
- entrenar (train)
- entrevistar (interview)
- entusiasmarse (get excited)
- enviar (send)
- envidiar (envy)

- equivocarse (be wrong)
- errar (make a mistake)
- escalar (climb)
- escapar (escape)
- escuchar (listen)
- esforzar (strive)
- especializarse (specialize)
- especificar (specify)
- esperar (wait)
- espirar (breathe out)
- esquiar (ski)
- estacionar (park)
- estallar (explode)
- estimar (estimate)
- estimular (stimulate)
- estirarse (stretch)
- estornudar (sneeze)
- estrenar (release)
- estresar (stress)
- estropear (damage)
- estudiar (study)
- evacuar (evacuate)
- evaluar (evaluate)
- evitar (avoid)
- evolucionar (evolve)
- exagerar (exaggerate)
- examinar (examine)
- excavar (excavate)
- excitar (excite)
- exclamar (exclaim)
- excusar (excuse)
- exhalar (exhale)
- experimentar (experience)
- expirar (exhale)
- explicar (explain)
- explorar (explore)
- explotar (exploit)
- exportar (export)
- expresar (express)
- expulsar (expel)
- extrañar (miss)
- fabricar (manufacture)

- facilitar (facilitate)
- facturar (bill)
- fallar (fail)
- faltar (miss)
- fascinar (fascinate)
- fatigar (fatigue)
- felicitar (congratulate)
- festejar (celebrate)
- fiar (trust)
- figurar (figure)
- fijar (set)
- filmar (film)
- filosofar (philosophize)
- filtrar (filter)
- finalizar (finish)
- financiar (fund)
- firmar (sign)
- flirtear (flirt)
- flotar (float)
- fluctuar (fluctuate)
- fomentar (encourage)
- formar (form)
- formular (formulate)
- fortificar (fortify)
- fotografiar (photograph)
- fracasar (fail)
- frenar (brake)
- frotar (rub)
- frustrar (thwart)
- fumar (smoke)
- funcionar (function)
- fundar (establish)
- fusionar (merge)
- ganar (win)
- garantizar (guarantee)
- gastar (spend)
- generalizar (generalize)
- generar (generate)
- gestionar (manage)
- girar (turn)
- glorificar (glorify)
- golpear (hit)

- gozar (enjoy)
- grabar (record)
- graduar (graduate)
- granizar (hail)
- gritar (shout)
- guardar (save)
- guiar (guide)
- gustar (like)
- habitar (inhabit)
- hablar (speak)
- halagar (flatter)
- hallar (find)
- hechizar (spell)
- hipnotizar (hypnotize)
- humillar (humiliate)
- idealizar (idealize)
- identificar (identify)
- ignorar (ignore)
- iluminar (illuminate)
- ilustrar (illustrate)
- imaginar (imagine)
- imitar (imitate)
- implementar (implement)
- implicar (imply)
- importar (import)
- impresionar (impress)
- improvisar (improvise)
- inaugurar (inaugurate)
- inclinar (tilt)
- incorporar (incorporate)
- incrementar (increase)
- indicar (indicate)
- informar (inform)
- ingresar (enter)
- inhalar (inhale)
- iniciar (start)
- inmigrar (immigrate)
- insertar (insert)
- inspeccionar (inspect)
- inspirar (inspire)
- instalar (install)
- insultar (insult)

- integrar (integrate)
- intentar (try)
- intercambiar (exchange)
- interesar (interest)
- interpretar (interpret)
- interrogar (interrogate)
- inundar (flood)
- inventar (invent)
- investigar (investigate)
- invitar (invite)
- invocar (summon)
- inyectar (inject)
- jactarse (boast)
- juntar (join)
- jurar (swear)
- justificar (justify)
- juzgar (judge)
- laborar (labor)
- ladrar (bark)
- lamentar (lament)
- lanzar (launch)
- lastimar (hurt)
- lavar (wash)
- lavarse (wash)
- legalizar (legalize)
- legar (legitimize)
- levantar (raise)
- levantarse (rise)
- levar (lift)
- liberar (release)
- licuar (liquefy)
- limitar (limit)
- limpiar (clean)
- liquidar (liquidate)
- listar (list)
- llamar (call)
- llegar (reach)
- llenar (fill out)
- llevar (carry)
- llorar (cry)
- lloviznar (drizzle)
- localizar (locate)

- lograr (achieve)
- luchar (fight)
- madrugar (get up early)
- madurar (mature)
- manchar (stain)
- maquillar (make up)
- maravillarse (wonder)
- marcar (mark)
- marchar (march)
- marcharse (leave)
- marearse (get dizzy)
- matar (kill)
- matricular (matriculate)
- matricularse (enroll)
- maullar (meow)
- meditar (meditate)
- mejorar (improve)
- memorizar (memorize)
- mencionar (mention)
- mendigar (beg)
- menguar (mention)
- mezclar (mix)
- migrar (migrate)
- mirar (look)
- mistificar (mystify)
- modernizar (modernize)
- modificar (modify)
- modular (modular)
- mojar (wet)
- molestar (bother)
- montar (mount)
- motivar (motivate)
- movilizar (mobilize)
- mudar (move)
- multiplicar (multiply)
- murmurar (murmur)
- mutilar (mutilate)
- nadar (swim)
- narrar (narrate)
- naufragar (shipwreck)
- navegar (navigate)
- necesitar (need)

- negociar (negotiate)
- neutralizar (neutralize)
- nombrar (nominate)
- notar (notice)
- notificar (notify)
- nublar (cloud)
- numerar (number)
- obligar (obligate)
- observar (observe)
- ocultar (hide)
- ocupar (occupy)
- odiar (hate)
- olvidar (forget)
- operar (operate)
- opinar (give an opinion)
- optar (opt)
- ordenar (order)
- ordenar (sort)
- organizar (organize)
- orinar (urinate)
- oscilar (oscillate)
- oxidar (oxidize)
- paralizar (paralyze)
- parar (stop)
- pararse (stand up)
- parpadear (blink)
- participar (participate)
- pasar (pass)
- pasear (walk)
- patear (kick)
- patinar (skate)
- pedalear (pedal)
- pegar (paste)
- peinar (combe)
- pelar (peeling)
- pelear (fight)
- penetrar (penetrate)
- perdonar (forgive)
- perfeccionar (perfect)
- perfumar (put on perfume)
- perjudicar (damage)
- pesar (weigh)

- pescar (fish)
- picar (chop)
- pinchar (poke)
- pintar (paint)
- pisar (stomp)
- planchar (iron)
- planear (plan)
- plantar (plant)
- plantear (present)
- platicar (talk)
- polucionar (pollute)
- portar (carry)
- posar (pose)
- practicar (practice)
- pregonar (proclaim)
- preguntar (ask)
- preguntarse (wonder)
- preocupar (worry)
- preparar (prepare)
- presentar (submit)
- preservar (preserve)
- presionar (press)
- prestar (lend)
- privar (deprive)
- procesar (process)
- proclamar (proclaim)
- procurar (procure)
- programar (schedule)
- progresar (progress)
- prolongar (prolong)
- pronunciar (pronounce)
- propagar (propagate)
- proporcionar (provide)
- protagonizar (protagonize)
- protestar (protest)
- provocar (provoke)
- proyectar (project)
- publicar (publish)
- pulsar (click)
- puntuar (score)
- purificar (purify)
- quedar (stay)

- quedarse (stay)
- quejarse (complain)
- quemar (burn)
- quitar (remove)
- radiar (radiate)
- rascar (scratch)
- reaccionar (react)
- realizar (perform)
- recargar (reload)
- rechazar (reject)
- reciclar (recycle)
- reclamar (reclaim)
- recopilar (collect)
- rectificar (rectify)
- recuperar (recover)
- redactar (redact)
- reemplazar (replace)
- refinar (refine)
- reflejar (reflect)
- reflexionar (reflect)
- refrigerar (refresh)
- regalar (give away)
- regatear (haggle)
- registrar (register)
- regresar (return)
- regular (regulate)
- rehusar (refuse)
- reinar (reign)
- relacionar (relate)
- relajarse (relax)
- relatar (tell)
- rellenar (refill)
- remar (paddle)
- renovar (renew)
- renunciar (resign)
- reparar (repair)
- repasar (review)
- replicar (replicate)
- reportar (report)
- representar (represent)
- reprochar (reproach)
- resbalar (slip)

- reservar (reserve)
- resfriarse (catch a cold)
- respetar (respect)
- respirar (breathe)
- restaurar (restore)
- resultar (result)
- retirar (withdraw)
- retrasar(delay)
- revelar (reveal)
- revisar (review)
- rezar (pray)
- robar (steal)
- rodear (surround)
- roncar (snore)
- saborear (taste)
- sabotear (sabotage)
- sacar (take out)
- saciar (sate)
- sacrificar (sacrifice)
- salar (salt)
- saltar (skip)
- saludar (salute)
- salvar (save)
- sanar (heal)
- satirizar (satirize)
- secar (dry)
- seleccionar (select)
- señalar (bookmark)
- separar (separate)
- significar (signify)
- simbolizar (symbolize)
- simpatizar (sympathize)
- simular (simulate)
- sincronizar (synchronize)
- sintetizar (synthesize)
- sintonizar (tune)
- situar (place)
- sobrar (surplus)
- solicitar (request)
- solucionar (solve)
- soplar (blow)
- soportar (support)

- sospechar (suspect)
- subrayar (underline)
- sudar (sweat)
- sujetar (hold)
- sumar (add)
- superar (overcome)
- suplicar (beg)
- suspirar (sigh)
- tapar (cover)
- tararear (hum)
- tardar (stutter)
- tartamudear (stutter)
- tatuar (tattoo)
- telefonar (telephone)
- temperar (temper)
- terminar (finish)
- tintar (tint)
- tirar (throw away)
- titular (headline)
- tocar (touch)
- tolerar (tolerate)
- tomar (take)
- tornear (turn)
- trabajar (work)
- tragar (swallow)
- traicionar (betray)
- tramar (scheme)
- tramitar (process)
- transformar (transform)
- transportar (transport)
- trasladar (transfer)
- tratar (edit)
- trazar (trace)
- tricotar (knitting)
- triunfar (triumph)
- tumbar (lay down)
- ubicar (locate)
- untar (smear)
- usar (use)
- utilizar (use)
- vaciar (empty)
- vagar (wander)

- valuar (value)
- variar (vary)
- venerar (venerate)
- verificar (verify)
- viajar (travel)
- vibrar (vibrate)
- vigilar (watch)
- vincular (link)
- violar (violate)
- visitar (visit)
- voltear (flip)
- vomitar (vomit)
- votar (vote)

Spanish -Er Verbs

- absorber (absorb)
- acceder (access)
- acoger (host)
- aprender (learn)
- arder (burn)
- atreverse (dare)
- barrer (sweep)
- beber (drink)
- ceder (yield)
- coger (catch)
- comer (eat)
- cometer (commit)
- comprender (understand)
- comprometer (commit)
- conceder (grant)
- conocerse (meet)
- correr (run)
- corresponder (correspond)
- corromper (corrupt)
- coser (sew)
- creer (believe)
- deber (must)
- depender (depend)
- ejercer (exercise)
- emerger (emerge)
- emprender (undertake)
- encoger (shrink)

- escoger (choose)
- esconder (hide)
- esconderse (hide oneself)
- lamer (lick)
- leer (read)
- meter (put inside)
- ofender (offend)
- pender (hang)
- perder (lose)
- prender (turn on)
- pretender (pretend)
- proceder (proceed)
- prometer (promise)
- proteger (protect)
- recoger (collect)
- recorrer (tour)
- responder (respond)
- roer (gnaw)
- sobreseer (override)
- socorrer (relieve)
- someter (submit)
- sorprender (surprise)
- suceder (succeed)
- suspender (suspend)
- tañer (knit)
- tejer (weave)
- temer (fear)
- toser (cough)
- vencer (overcome)
- vender (sell)

Spanish -Ir Verbs

- abatir (demolish)
- aburrir (bore)
- aburrirse (get bored)
- acudir (go to)
- admitir (admit)
- afligir (afflict)
- añadir (add)
- aplaudir (applaud)
- asistir (attend)
- asumir (assume)

- atribuir (attribute)
- aturdir (stun)
- batir (beat)
- bruñir (burnish)
- bullir (bullir)
- coincidir (match)
- combatir (combat)
- compartir (share)
- comprimir (compress)
- confundir (confuse)
- confundirse (get confused)
- consistir (consist)
- constituir (constitute)
- construir (construct)
- consumir (consume)
- contribuir (contribute)
- convivir (coexist)
- crujir (crunch)
- cubrir (cover)
- cumplir (fulfill)
- debatir (discuss)
- decidir (decide)
- definir (define)
- delinquir (delinquish)
- deprimir (depress)
- descubrir (discover)
- destruir (destroy)
- difundir (spread)
- dimitir (resign)
- dirigir (address)
- discutir (discuss)
- disminuir (diminish)
- distinguir (distinguish)
- distribuir (distribute)
- divergir (diverge)
- dividir (divide)
- emitir (issue)
- escribir (write)
- escupir (spit)
- esparcir (spread)
- evadir (evade)
- excluir (exclude)

- exhibir (exhibit)
- exigir (demand)
- existir (exist)
- exprimir (squeeze)
- fluir (flow)
- fundir (melt)
- gruñir (grunt)
- huir (flee)
- hundir (sink)
- imprimir (print)
- influir (influence)
- inmiscuirse (immerse)
- insistir (insist)
- instruir (instruct)
- interrumpir (interrupt)
- invadir (invade)
- latir (beat)
- nutrir (nurture)
- ocurrir (occur)
- omitir (omit)
- partir (split)
- percibir (perceive)
- permitir (allow)
- persistir (persist)
- persuadir (persuade)
- presumir (presume)
- prohibir (prohibit)
- pulir (polish)
- readmitir (readmit)
- recibir (receive)
- reconstruir (rebuild)
- remitir (forward)
- repartir (distribute)
- resistir (resist)
- restituir (restitute)
- resumir (summarize)
- reunir (gather)
- reunirse (get together)
- sacudir (shake)
- sobrevivir (survive)
- subir (upload)
- sufrir (suffer)

- suprir (supplicate)
- suprimir (suppress)
- surtir (supply)
- transmitir (transmit)
- unir (join)
- urgir (urge)
- vivir (live)
- zambullirse (plunge)