

# Top Food Vocabulary in Spanish [+ Free PDF]

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 [spanishwithtati.com/food-words/](https://spanishwithtati.com/food-words/)

## Asking About Food

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- **¿Qué es el gazpacho?** (What is gazpacho?)
- **Es una sopa.** (It's a soup.)
  
- **¿Qué lleva la ensalada?** (What's in the salad?)
- **Lleva tomate y lechuga.** (It has tomato and lettuce.)
  
- **¿Qué llevan los macarrones?** (What's in the pasta?)
- **Llevan queso.** (It has cheese.)

## Vegetables and Greens

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- **la cebolla** (onion)
- **el tomate** (tomato)
- **las patatas / papas** (potato)
- **la calabaza** (pumpkin)
- **el pepino** (cucumber)
- **el calabacín** (zucchini)
- **la lechuga** (lettuce)
- **el rábano** (radish)
- **el brócoli** (broccoli)
- **la remolacha** (beet)

## Fruit

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- **el aguacate / la palta** (avocado)
- **la piña** (pineapple)
- **la banana** (banana)
- **la cereza** (cherry)

- **el coco** (coconut)
- **el durazno** (peach)
- **la frambuesa** (raspberry)
- **la fresa** (strawberry)
- **el higo** (fig)
- **el kiwi** (kiwi)
- **el limón** (lemon)
- **la mandarina** (tangerine)
- **el mango** (mango)
- **la manzana** (apple)
- **el melón** (melon)
- **la naranja** (orange)
- **la papaya** (papaya)
- **la pera** (pear)
- **la sandía** (watermelon)
- **la uva** (grape)

## **Cereals and Legumes**

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- **el arroz** (rice)
- **el maíz** (corn)
- **el trigo** (wheat)
- **la cebada** (barley)
- **la avena** (oats)
- **la quinua** (quinoa)
- **la harina** (flour)
- **los garbanzos** (chickpeas)

- **las lentejas** (lentils)

- **el pan** (bread)

## **Milk Products**

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- **la leche** (milk)

- **el yogur** (yogurt)

- **el helado / sorbete** (ice cream)

- **el queso** (cheese)

- **la crema** (cream)

## **Meats**

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- **el pollo** (chicken)

- **la res** (beef)

- **el cerdo** (pork)

- **el chorizo** (chorizo)

- **el jamón** (ham)

- **la salchicha** (sausage)

- **el pescado** (fish)

- **el tocino** (bacon)

## **Drinks**

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- **el agua** (water)

- **el café** (coffee)

- **el té** (tea)

- **la cerveza** (beer)

- **el vino** (wine)

- **el zumo / jugo** (juice)

- **la soda** (soda)

## Ways to Cook

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**Crudo, cocido, frito** and **saltado** are adjectives. They describe how a food has been cooked.

Since adjectives in Spanish agree in gender and number with the word they describe, **crudo** will change to **cruda** when you describe a feminine word.

- **crudo / a / os / as** (raw)
- **cocido / a / os / as** (boiled)
- **saltado / a / os / as** (sauteed)
- **frito / a / os / as** (fried)
- **a la plancha** (griddled)
- **a la parrila** (grilled)
- **al horno** (baked)
- **al vapor** (steamed)